

Asia Pacific Metabolic & Bariatric Surgery Society

Newsletter

Vol. 2
Issue 1 2011



Opportunity to Share Opportunity to Learn

Reports

- 1st Asian Consensus Meeting on Metabolic Surgery
- 6th International Congress of Asia-Pacific Metabolic & Bariatric Surgery Society 2010



Asia Pacific Metabolic and Bariatric Surgery Society



1.1

MESSAGE FROM THE EDITOR

1.2

REPORTS

- 1st Asian Consensus Meeting on Metabolic Surgery
- 6th International Congress of the Asia-Pacific Metabolic & Bariatric Surgery Society

MESSAGE FROM THE EDITOR

Dear Colleagues,

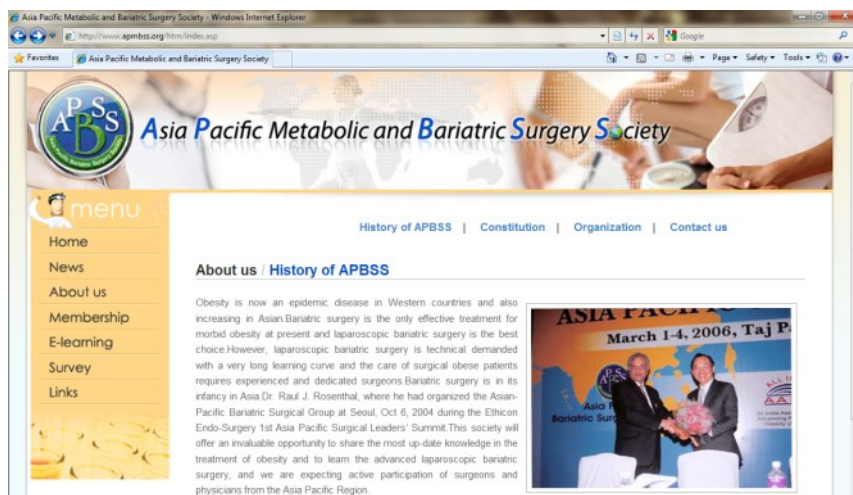
As Editor of the Society I would like to introduce you our new issue of Newsletter of APBSS, to keep all of you update on the activities and future plan of our Association.

APBSS continues to be the unique organization for Bariatric Surgeons in our Region and the success of the latest Congress in Singapore was a further confirmation of it, the Society is growing and the Executive Committee is planning to expand the role of the Society being closer to its Members with different initiative but also supporting and regulating more educational activities in Asia-Pacific.

Among these, **APBSS Website** (www.apmbss.org) has been refurbished and will be updated regularly with latest news in bariatric surgery, and we hope in the future it also serve as a platform of knowledge share and data management on our regional bariatric surgeries; the membership will be reviewed and we invite all the members to contact the secretariat to update the personal information.

The **Newsletter** will become a regular appointment to get-together. It will serve also to announce and keep the ELSA members in touch. Please feel free to give us feedback, news and update on activities in Asia-Pacific area by sending an email at apbsssecretariat@gmail.com. In this issue we will report 1st Asia Consensus Meeting on Metabolic Disease held in Trivandrum, India and the 6th International Congress of APMBSS held in Singapore. We would also like to invite you all to the International Federation of Obesity & Metabolic Surgery (IFSO) Asia-Pacific Chapter meeting in Hokkaido, Japan on 22-25 February 2011.

I would like to thank personally all of you for the strong and encouraging support and we wish to see you all in Japan.



<http://www.apmbss.org/>



REPORTS

The 1st Asia Consensus Meeting on Metabolic Surgery was held in India on the 9th & 10th of August 2008. Fifty-two professionals involved in the field of bariatric surgery, metabolic surgery, diabetes and medical research from countries across Asia were met at Trivandrum.

A Consensus was drawn during the meeting and these recommendations are endorsed by



our society and the Asia Pacific Chapter of IFSO.



Recommendations

1. Bariatric/Gastrointestinal Metabolic surgery should be considered as a treatment option for obesity in people with Asian ethnicity with a BMI more than 35 kg/m² with or without co-morbidities.
2. Bariatric/Gastrointestinal Metabolic surgery should be considered as a treatment option for obesity in people with Asian ethnicity above a BMI of 32 with co-morbidities.
3. Bariatric/Gastrointestinal Metabolic surgery should be considered as a treatment option for obesity in people with Asian ethnicity above a BMI of 30 if they have central obesity (waist circumference more than 80 cm in females and more than 90 cm in males) along with at least two of the additional criteria for metabolic syndrome: raised triglycerides, reduced HDL cholesterol levels, high blood pressure and raised fasting plasma glucose levels.
4. Any surgeries done on diabetic patients with a BMI less than 30 kg/m² should be strictly done only under study protocol with an informed consent from the patient. The nature of these surgeries should be considered as yet purely experimental.



1.1

MESSAGE FROM THE EDITOR

1.2

REPORTS

- 1st Asian Consensus Meeting on Metabolic Surgery
- 6th International Congress of the Asia-Pacific Metabolic & Bariatric Surgery Society



1.1

MESSAGE FROM THE EDITOR

1.2

REPORTS

- 1st Asian Consensus Meeting on Metabolic Surgery
- 6th International Congress of the Asia-Pacific Metabolic & Bariatric Surgery Society

REPORTS

6th International Congress of the

The 6th International Congress of the Asia-Pacific Metabolic & Bariatric Society was held in Singapore on



the 21st to 23rd of October 2010. There are 252 participants from 24 countries ranging from Australia, Belgium, Czech Republic, China, Hong Kong, India, Indonesia, Italy, Kuwait, Malaysia, Netherlands, New Zealand, Oman, Philippines, republic of Korea,



Saudi Arabia, Singapore, Sri Lanka, South Africa, Taiwan, Thailand, USA, and Vietnam, that attended the events during the congress. More than 50 distinguished speakers were invited from 17 countries around the Asia-Pacific region to share their knowledge & recent development of bariatric surgery.

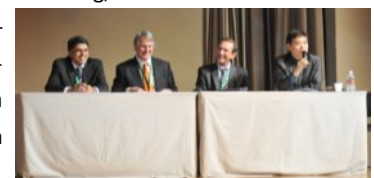


The pre-congress Workshop on "Advanced Bariatric Surgery" was fully registered. The workshop included lectures, video-master class and hands-on training session where our participants were tutored by master experts

to perform gastric banding, sleeve gastrectomy and gastric bypass.



The two-day main congress was well attended with 55 invited lectures, including the Presidential Lecture by Prof WJ Lee and Distinguished Lecture by Prof. Paul O'Brien. The 2 interactive debates on sleeve gastrectomy against gastric banding, and the choice of malabsorptive procedures have warmed up the audience by analyzing the future of surgical treatment of obese patients. There were a total 35 free paper presentations with 2 of them awarded with APMBSS prize.



Lastly, obesity is a multidisciplinary problem and we organized a one-day Allied Health Symposium and it was well attended.



We can consider the Congress to be a success. All the credit should go to the participants, presenters, speakers, exhibitors, local committee & the secretariat staff in Singapore.

President, Organizing Committee APMBSS 2010
Professor Davide Lomanto

Asia Pacific Metabolic and Bariatric Surgery Society



1.1

MESSAGE FROM THE EDITOR

1.2

REPORTS

- 1st Asian Consensus Meeting on Metabolic Surgery
- 6th International Congress of the Asia-Pacific Metabolic & Bariatric Surgery Society

President	Pradeep Chowbey	(India)
President-Elect	Fred Cheng-Zhu Zheng	(China)
Secretary General	Davide Lomanto	(Singapore)
Treasurer	Jimmy Bok-Yan So	(Singapore)
Past President	Wei-Jei Lee	(Taiwan)

Website Subcommittee	Muffazal Lakdawala	(India)
Newsletter Editor	Simon Kin-Hung Wong	(Hong Kong)

Governor's Board

Australia	James Toouli
China	Fred Cheng-Zhu Zheng
Hong Kong	Wilfred Lik-Man Mui
India	Simon Kin-Hung Wong
	Pradeep Chowbey
	Muffazal Lakdawala
Indonesia	Barlian Sutedja
	Errwan Wiradisuria
Japan	Kawamura Isao
	Kazunori Kasama
	Seigo Kitano
Korea	Yul Hur Kyung
	Sang Kuon Lee
Malaysia	Ali Yaakub Jasmi
	Kin-Fah Chin
Pakistan	Saeed Quraishy
Philippines	Allen A Buenafe
	Hildegardes Dineros
Saudi Arabia	Al Dohayan A
Singapore	Davide Lomanto
	Jimmy Bok-Yan So
Taiwan	Chin-Kun Huang
	Wei-Jei Lee
Thailand	Theerapol Angkoolpakdeekul
	Paisal Pongchairerks
UAE	Rolf Hartung
Co-Opt	Harry B Frydenbery (Australia)
	Shashank Shah (India)





1.1

MESSAGE FROM THE EDITOR

1.2

REPORTS

- 1st Asian Consensus Meeting on Metabolic Surgery
- 6th International Congress of the Asia-Pacific Metabolic & Bariatric Surgery Society

Membership Requirement

Full Members may be elected by application from qualified specialists who are involved in the bariatric surgery certified by a National Board.

Each applicant shall be proposed by one Full Member and seconded by another Full Member. The application should be sent to the Secretary General.

Membership Fee For ordinary membership the annual fee is due by end of March of the subscription year. Life membership is a one time fee to be paid at the time of application. Please remember that only paid-up members can enjoy the APBSS membership benefits including conference discount & newsletter update.

Membership fee: **Ordinary member USD \$30 / year**
 Life-time membership USD \$200

Payment

1. Crossed check / Bank Draft

Membership fee should be payable to the **Asia-Pacific Bariatric Surgery Society**

and sent to the following address:

Dr. Davide Lomanto

Asia Pacific Bariatric Surgery Society

c/o Minimal Invasive Surgery Center

Department of Surgery National University Hospital

5 Lower Kent Ridge Road, Singapore 119074

2. Telegraphic Transfer

Beneficiary Bank Name : DBS Bank Ltd, Singapore

SWIFT Address: DBSSGSG

CHIPS UID Number: 034675

Or Telex Number: RS 24455

Beneficiary Bank Address : 6 Shenton Way, DBS Building, Singapore 068809

**For those interested to join our society
Please visit our website www.apmbss.org
and contact Norizan_SALIM@nuhs.edu.sg**

Asia Pacific Metabolic and Bariatric Surgery Society



1.1

MESSAGE FROM THE
EDITOR

1.2

REPORTS

- 1st Asian Consensus Meeting on Metabolic Surgery
- 6th International Congress of the Asia-Pacific Metabolic & Bariatric Surgery Society



The IFSO-APC & JSSO Congress 2011
Multidisciplinary therapy - key to success of surgical treatment for morbid obesity
February 22-25, 2011
RUSUTSU RESORT, Hokkaido, JAPAN

<http://www.ifso-apc.jp/en/>

ASMBS
Take a Look!
ASMBS 28th ANNUAL MEETING
Gaylord Palms Hotel & Convention Center June 12-17, 2011 - Orlando Florida

<http://www.asmbms2011.org/>

XVI World Congress of the International Federation for the Surgery of Obesity and Metabolic Disorders
August 31 - September 3, 2011
at the CCH-Congress Center Hamburg, Germany
Congress President: Prof. Dr. Rudolf A. Weiner
IFSO 2011

<http://www.ifso2011.de/>

XVII WORLD CONGRESS - IFSO 2012
New Delhi, India
September 13-16, 2012
Hotel Taj Palace, New Delhi, India

<http://www.ifsoindia2010.com/>

<http://www.apmbss.org/>